

Beach Netball Competition – Rules and Information



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In this competition the emphasis is on enjoyment & social atmosphere. While competitiveness is not discouraged, it should be remembered that novice players need some encouragement and the "win at all costs" philosophy is not appropriate. The normal rules of Netball shall apply except to the extent that they are negated or modified by these rules. All rules are open to the interpretation of the Umpire and their decision is final.

Number of Players

- Teams are allowed a maximum of **7 players on the court**.
- Mixed teams will have no more than **3 male players on the court**.
- Only **1 male** player can play inside the shooting or defending circle and a **maximum of 2 male players** in the attacking or defending 3rd at any one time.
- Teams are allowed unlimited substitutions. (Maximum of **5 reserves on the bench**)
- Teams may commence games with a minimum of **5 players**.
- Teams can *borrow* players from other teams only if they cannot field a full team, and may only play with **6 players** on the court if they do so. If regular players are just running late, the team may play with **7 players** only once they are no longer using another team's player.

Length of Game & Late Penalties

- Games will consist of **4 x 7.5 minute** quarters, with a **3 minute** half time break and **1 minute** between the other 2 quarters.
- No clock stoppages will be made except under exceptional circumstances. Such circumstance will be at the sole discretion of the Umpire.
- No time-outs are allowed.
- If a game commences late then it still must finish at the scheduled time. Equal minutes will be deducted from each quarter.
- If a team is more than **5 minutes late**, they will concede a goal every minute thereafter, however, after **12 minutes** the game will be forfeited.

The Playing Area

- The field will be marked out to be roughly **24m x 16m** divided into thirds. Goal circles will be marked with cones in a **5m radius** around the goal, and the goal will be **3.05m high**.

Required Uniform and Jewellery

- Teams should all wear the same colour t-shirt. Netball bibs will be provided, however it is encouraged to organise a team uniform with positions printed clearly on the front and back.
- All players are to play with bare feet, socks or approved beach footwear (Soft rubber or neoprene only. No hard plastic soles).
- No one will be permitted to play while **wearing jewellery** of any kind, and **long acrylic finger nails are not allowed**. If a player forgets and it is missed by the referee, they player **accepts responsibility** if these items are broken or lost during play.

Positions & Goals

- Standard netball positions and areas of play apply.
- There shall be **1 point goals and 2 point goals** as outlined below.
 - **1 Point Goal** – can be scored by either GA or GS from inside the goal circle.

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- **2 Point Goal** – can be scored by GA, GS, WA or C from outside the circle but inside the attacking 3rd.
- After a goal is scored **the team that conceded the goal** will re-start the game from the centre circle.

Disciplinary Action

- This competition is social. Any rough play, abusive language, bickering or challenge to the umpires authority **will not be tolerated**.
- Any deliberate foul or deliberate dangerous behaviour may result in a **warning or immediate send-off** depending on referee's discretion. The idea is to play a safe game to minimize injuries and maximize fun.
- If sent off, another player from your team can take the court as a substitution after **2 minutes**.
- Depending on the severity of the instance, the referee may allow you back on the court after a **5 minute** cooling off period.
- Severe cases of intolerable behaviour will result in **suspension from the competition and/or a complete ban**, with no refund of registration or match fees already payed.
- **Kicking or throwing of sand** will not be tolerated. Anyone caught doing this deliberately will be immediately sent off.
- Accidental kicking up of sand can result in a free pass at the discretion of the umpire.

Finals

- Players can only play for **1 team** across the finals series.
- To be eligible to play in the Grand Final a player must be a registered Beach Sports member and have played at least **3 games** for the team in the final.

Meet Friends, Have Fun, Keep Fit!!